

2020 Fall Season Rule Amendments

Due to Covid 19, special rules must be implemented to meet heath and government regulations. The following rules will supersede the regular PAHL rules till further notice and **may be subject to change**.

Team Roster

- Maximum 10 players and 1 goalie per team each game max.
- 18 players max. on your team roster.
- Players will require 6 regular season games to qualify for play-offs
- No extra players / coaches will be allowed in dressing rooms or bench area.

League Payments

• All payments must be made by the team rep or designated person. Each team will be responsible for collecting their own players money and then make one team payment each month or in full.

Enter and Exiting Protocols

- Players must wait outside to only enter 15 min. before game time to get dressed.
- Players will then check in at the host table when they enter.
- Players will be directed by the host to enter the rink and to which dressing room to enter.
- There will be no pro shop or concession open.
- No shower facilities will be available.
- Players <u>must</u> be out of the dressing room and facility 15 min after the game. No exceptions. We ask that the team exits together at 15 min. please.

Game Play

- Game will start with a 5 min warm up, clock will start right at game time. (Pucks will be supplied)
- Game will consist of 2 25-minute running time periods (stop time in the last min. of each period)
- No overtime, tie games will stand.
- Players <u>will not</u> be required to sign the game sheet; however, all players <u>must have accepted the online waiver</u> to be eligible to play. Any player not registered online <u>will not</u> be permitted to participate.
- Teams will start the game at opposite end to ensure their goalie is in their zone in the last period.
- No spitting on ice or on the benches. Players will get 1 warning; second offense and you will be ejected from the game.
- If you get caught spitting on anybody you will be suspended indefinitely.
- Fighting will be a 5-game suspension.

Other Rules

- There will be no handshakes or fist bumps at the end of the game. We ask that each team gives the other team a cheer from their zone and then leave the ice.
- Each player is required to bring their own water bottle. (please fill at home)
- Players are required to sit on the bench on the marked spots for social distancing.
- No spectators will be allowed to watch PAHL games.
- All other PAHL rules will apply.